

JENYNS FIRST SCHOOL AND NURSERY

NEWSLETTER 23.1.2026

Embracing Respect, Nurturing Growth, Inspiring Ambition



Spring Term 2026

27/1/26–Dental Survey (12 selected pupils who turn 5 in January)

27/1/26–Wellbeing workshops for Birch and Chestnut

29/1/26–Sponsored PE Event

3/2/26–Wellbeing Workshop for Chestnut Class

5/2/26–Number Day

10/2/26–Safer Internet Day

10/2/26–Parent Workshop (Computing/Internet Safety) @9:00am

11/2/26–Wellbeing Workshop Birch Class

13/2/26–Sharing Assembly (8:55am) followed by Stay and Read

13/2/26–Grandparents Valentines Afternoon Tea

16/2/26–20/2/26–Half Term

23/2/26–Duck Eggs delivered to Ash Class

25/2/26–Little Recyclers Collection

4/3/26–Parent Conversations

5/3/26–World Book Day

6/3/26–World Book Day Workshops for all classes

11/3/26–Parent Conversations

w/b 16/3/25–Science Week

18/3/26–Science Workshops

20/3/26–Red Nose Day

20/3/26–FOJ Quiz Night

Headteacher message:

Dear Parents/Carers,

It has been another full on week of learning at Jenyns this week. Read pages 3, 4 and 5 to see what our pupils have been up to this week.

We are going for the Early Years Quality Standard

We're excited to share that our school will be working toward achieving the **Early Years Quality Standard Award** during this academic year. This nationally recognised award celebrates excellence in early childhood education and reflects a strong commitment to providing the very best learning environment for our youngest learners. Throughout the year, we will be reviewing and strengthening our teaching practices, learning spaces, and partnerships with families to ensure every child receives high-quality care and education. Parents may notice small changes, opportunities to share feedback, and invitations to be involved as we move through the process.

A member of the EYQS panel came in for an initial visit this week and was very impressed with the progress we have made so far in the first term.

We're proud of the wonderful start our children already receive, and we look forward to building on this as we work toward this important milestone together.



New role of Mental Health Lead

I'm pleased to share that during the week, I completed specialist training to become our school's **Mental Health Lead**. This role will help us strengthen the support we offer for pupils' emotional wellbeing and ensure that mental health remains a key priority across the whole school. The training has provided me with up-to-date guidance on early identification, supportive strategies, and how schools can work closely with families and external services when needed. A flyer can be found on page 2 that shows the range of support on offer to children and young persons. I have also arranged a variety of children workshops and staff training all about Mental Health and Wellbeing.

Many Thanks,
Mr Sadler



Attendance Matters

Congratulations to **Birch Class** who won the attendance trophy this week. Please find the attendance figures for this week below:

1st Birch Class – 98.2%

2nd Chestnut Class – 97.6%

3rd Ash Class–97.1%

House Points

Thomas House = 1st (4 points)

Quin House = 2nd (3points)

Warren House = 3rd (2points)

Fleece House = 4th (1 point)

Warren	Thomas	Quin	Fleece
117	150	146	95

The running total of house points for the year are as follows:

Warren	Thomas	Quin	Fleece
26	30	34	30

Number Day—Thursday 5th February

On Thursday 5th February we will be celebrating Number Day.

The children are invited to dress up in something number related e.g. dress as a die or a domino or wear clothing with numbers on or something more imaginative. What they wear could also be something with a repeating pattern or shapes on it or even a hat or head band that they have made at home. It is not a fund raiser just a day to promote and enjoy mathematics and enrich the children's learning. We will share highlight of the day in our weekly newsletter.



Parent Computing/Internet Safety Workshop— Tuesday 10th February @ 9:00am

The theme of this term's parent workshop will be Computing/Internet Safety. We will firstly be spending time in the hall sharing how we teach Computing as well as sharing strategies on how to keep children safe on the internet. You will then have an opportunity to work alongside your child during a computing lesson/activity in your child's classroom. We hope to see as many parents/carers there as possible.

**Safer
Internet
Day 2026** | **Tuesday
10 February**

Coordinated by the UK Safer Internet Centre

saferinternetday.org.uk

Mental Health Service Directory within Herts:

Hertfordshire Children and Young People's Mental Health Service Directory

The services below provide a combination of early intervention and more specialist support for children and young people's mental health. Click the service name to be redirected to more information.

Chathealth 0-5	PALMS
Chathealth 11-19	Safe Space
Children's Crisis Assessment and Treatment Team	School Nurses and Duty Line
Children's Wellbeing Practitioners	Services for Young People
CHUMS Bereavement Support	Signpost
Educational Psychologists	Single Point Access (SPA)
Families First	Specialist CAMHS
First Steps ED	Spectrum Family and Young People's Service
Health for Kids	Step 2
Health for Teens	The Sandbox
Herts Haven Cafés	The Toolbox (Neurodiverse)
Just Talk	Togetherall
Just Talk Ambassador Scheme	WithYOUth
Lumi Nova	YCT Counselling
Mental Health Support Teams in Schools (MHSTs)	Youth Talk Counselling
NESSie Parenting	Young Minds Parent Helpline
NHS Talking Therapies	



☎ Telephone service

🖥 Online/virtual service

👤 Face to face service

👤 Referral required

— Includes support for early years

- Reaching developmental and emotional milestones, learning healthy social skills and how to cope when there are problems. Mentally healthy children have a positive quality of life and can function well at home, in school, and in their communities.
- Difficulties with normal life problems, poor self confidence, low self esteem, low aspirations, difficult family relationships, poor peer relationships, experimental substance misuse, bereavement, poor concentration, difficulty sustaining relationships, some worries, low mood.
- Many worries, high levels of anxiety, persistent low mood, body image concerns, behaviour puts peers at risk, persistent or high risk substance misuse, risk taking behaviour, unable to display empathy, difficulty coping with anger or frustration, bereavement by suicide/suspected suicide, withdrawn or unwilling to engage, disruptive or challenging behaviour, unable to maintain peer relationships (bullying, bullied or aggression etc).
- Mental health problems which are:
 - Persistent, complex and severe
 - Present in all environments (home, school, with peers)
 - Beyond a normal response to life's problems
- Deliberate self harm requiring hospital treatment, suicidal ideation with imminent plan and means, psychotic episode (hearing unexpected voices, unrealistic or racing thoughts not related to physical or substance misuse), intentional overdosing, persistent inability to engage with services or support offered, risk taking behaviour with no underlying mental health disorder, unresponsive to treatment and continuing to decline.

If you have any suggested changes to the directory, please email shelley.woods@hertfordshire.gov.uk

Ash Class

Ash class have been learning about how Chinese New Year is celebrated across the world and we have enhanced our role play area to enable the children to explore the traditions and celebrations in their play. We have introduced the children to our new set of floor Beebots (robots) which they have eagerly used, collaborating by making floor maps and finding out how to input instructions to make them (mostly) navigate a chosen route!

They children have impressed us with their mathematical language as they count and compare sets of toys using the vocabulary more than, fewer than and equal.

Everyone has spent lots of time outside showing what Cool Cooperators they are, and what Mighty imaginations they have.



This week, our star of the week is Clover

Birch Class

In art, we are studying sculpture. We began by exploring the properties of materials and choosing a variety of materials to make our own sculpture.



In music, we were practicing different clapping patterns to make a musical animal safari. We had to copy a short sound pattern in time with music in response to an initial pattern.



This week our stars of the week are Lennon and Maisie.

Chestnut Class

This week in computing lessons we planned and started creating a class book review website using Google Sites. Each child had to create webpage linked to the homepage. It was tricky to begin with, making sure we were editing the correct page and learning to insert pictures and text. We certainly used our Perseverance superpowers!



In science, we have continued our work on rocks and learned about the three main types: igneous, sedimentary and metamorphic. We tested whether rocks were durable, hard-wearing and impermeable by scratching, sandpapering and dripping water on them.



We are also thinking about our dreams and goals for the year in PHSE lessons and will plan steps to help us to achieve them.



This week our stars of the week are Zoe and Emilia.



SCHOOL FUNDRAISING

More clothes -
more funds for
your organisation.

1 kg = £0.45

YOUR COLLECTION IS
ARRANGED ON:

25 FEBRUARY

WEDNESDAY

FILL ANY BAGS WITH CLOTHING AND
BRING THEM TO SCHOOL/ORGANISATION
WE WILL COLLECT AND WEIGH THEM

WE ACCEPT

- Good quality clean clothing (adult's, children's, baby)
- Shoes (paired)
- Bags
- Hats & scarves
- Belts
- Fashion accessories
- Swimwear, lingerie
- Jewellery
- Perfumes

WE DON'T ACCEPT

- Uniforms
- Dirty, wet, ripped, damaged clothing
- Traditional clothing
- Duvets & pillows
- Single shoes
- Toys, stationery
- Bric-a-brac & electrical items
- Books, CDs, DVDs
- Workwear
- Carpets, rugs, mats, curtains
- Hygiene items, diapers
- Linen & towels

PLEASE NO UNIFORMS & DUVETS!

RAISE MONEY FOR YOUR SCHOOL BY GIVING
AWAY YOUR UNWANTED CLOTHES

Parent & Carer Support Spring Term 2026



FREE to parents and carers in Hertfordshire

TALKING TEENS



6, weekly sessions for parents and carers of children aged **12-19**, covering:

- The Teen Brain: physical and emotional changes taking place and why behaviour changes.
- The link between behaviour and communicating difficult feelings.
- How to maintain your relationship with good communication.
- Understand risk taking behaviour around drugs, alcohol and gang culture.
- How to negotiate and reduce conflict.

Mondays 7.45 - 9.15pm
5th Jan to 19th Feb
Online Course: ID 804

Thursdays 7.45 - 9.15pm
5th Feb to 19th Mar Not half term
Online Course: ID 803

Wednesdays 7.45 - 9.15pm
11th Mar to 29th Apr Not Easter
Online Course: ID 802

TALKING ANGER in TEENS

6, weekly sessions for parents and carers of children aged **11-19**, supporting you to:

- Understand why children & adults get angry.
- Develop strategies to handle anger in yourself and others within your family.
- Recognise the early signs of anger.
- Reduce conflict and arguments.
- Encourage positive behaviour.



Tuesdays 7.45 - 9.15pm
6th Jan to 20th Feb
Online Course: ID 805

TALKING FAMILIES

6, weekly sessions for parents and carers of children aged **0-12** sharing tips on:

- Managing challenging behaviour with consistency.
- Encouraging positive behaviour.
- Building your child's self-esteem.
- Setting and maintaining boundaries.
- Responding to tantrums and difficult feelings in children.
- Developing a strong parent/child relationship now and for the future.



Thursdays 8.00 - 9.15pm
8th Jan to 22nd Feb
Online Course ID 799

Thursdays 9.45 - 11.15am
5th Feb to 19th Mar Not half term
Online Course ID 798



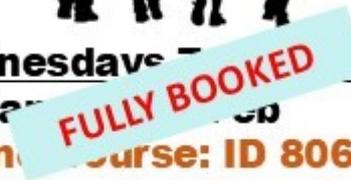
TALKING DADS

6, weekly sessions for dads & male carers of children **0-19**, sharing information on:

- Improved listening and communication skills.
- A healthy dad-child relationship now and for the future.
- Effective strategies for dealing with anger and conflict.
- How to enforce boundaries.
- Being the dad, you want to be.

Wednesdays 7.45 - 9.15pm

7th Jan to 13th Feb
Online Course: ID 806



Mondays 7.45 - 9.15pm

2nd Feb to 16th Mar Not half term
Online Course: ID 807

TALKING ANXIETY in FAMILIES

6, weekly sessions for parents and carers of children **3-12**, supporting you to:

- Understand why young people and adults get anxious.
- Develop strategies to handle anxiety in yourself and others within your family.
- Recognise the early signs of anxiety.
- Reduce stress and tension.
- Encourage resilient behaviour.



Wednesdays 9.45 - 11.30am

4th Feb to 18th Mar Not half term
Online Course ID 801

TALKING ADDITIONAL NEEDS

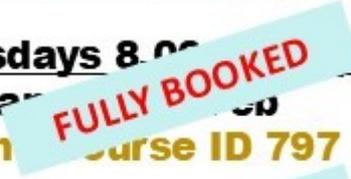
A 6-week group for parents and carers of children **2-19**, with any additional need. Your child does not need a diagnosis.

- Understand your child's behaviour.
- Develop strategies that really work.
- Reduce conflict.
- Improve emotional regulation.
- Explore sensory needs.
- Increase your child's resilience.
- Manage different needs in your family.



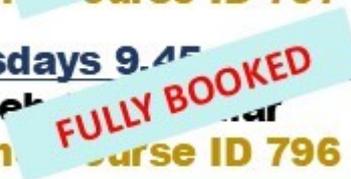
Tuesdays 8.00 - 9.30pm

6th Jan to 13th Feb
Online Course ID 797



Tuesdays 9.45 - 11.30am

3rd Feb to 10th Mar
Online Course ID 796



Thursdays 8.00 - 9.30pm

5th Feb to 19th Mar Not half term
Online Course ID 800

Booking essential. Please Quote the Course ID

To check eligibility and book a place, please contact Supporting Links on:

07512 709556 or bookings@supportinglinks.co.uk

These courses are provided free to parents by Hertfordshire County Council's Targeted Parenting Fund

Information taken on booking will be used to process your booking, check your eligibility, identify any access needs and will be stored in accordance with our GDPR policy which is available on request

Apple Blossom's are now catering for children from 18 months old.



Apple Blossom

Pre-School & Day Care

Braughing Community Centre
Green Lane, SG11 2QL

FREE TRIAL
FOR NEW
STARTERS!

NOW OPEN

8am-4pm Monday - Friday

48 WEEKS OF THE YEAR

★ CALL 07432 793008 TO BOOK ★

- ✓ For children aged 18 months - 3 years
- ✓ Funding available

★ ENROLLING NOW ★

LITTLE BLOSSOMS (STAY + PLAY)

★ EVERY TUESDAY ★
1:30pm-3:00pm



appleblossomchildcare



Blossoms Pre-School
And Daycare buntingford



JENYNS

After-School Clubs

Monday: Football

Tuesday: Gymnastics

3:20-4:20

Scan Me!



£5 Per Session

Book Online

<https://roystontownfc.ktckts.com>

Spring Clubs 2026

Autumn Term 2025-26	Lunchtime (12:30pm – 1:00pm)	After school (3:20pm – 4:15pm)
Monday	<u>Archery Club</u> with Alfie (RTFC) <u>Gardening/Forest School Club</u> (Day and adult to be confirmed)	<u>Football</u> Led by Alfie/RTFC on the play-ground/hall (For years R, 1, 2, 3, 4)
Tuesday	<u>Boccia Club</u> with Alfie (RTFC) (For various year groups) <u>Chior</u> With Mr Sadler/Mrs Baxter (For various year groups)	<u>Gymnastics</u> Led by Alfie/RTFC in the school hall (For years R, 1, 2, 3, 4)
Wednesday	<u>Hockey</u> with Laura (RTFC) (For various year groups)	<u>Cooking Club</u> Led by Mr Sadler (For years 1, 2,3, 4)
Thursday	<u>Football (KS1)</u> with Danny (RTFC) (For various year groups)	<u>Dance Club</u> With Morgan (see page 3 for more info)
Friday	<u>Football (KS2)</u> with Danny (RTFC) (For various year groups) <u>Forest School Club</u> With Mr Sadler	<u>Board Games Club</u> Led by various members of teaching staff (For years R, 1, 2, 3, 4)

Signing Up

RTFC Gymnastics and Football – Please sign up through the link below:

<https://roystontownfc.ktckts.com/brand/after-school>

Dance Club – please sign up through the link below:

<https://caspa-schools.cademy.co.uk>

Parents do not need to sign children up for lunchtime clubs.

Board Games Club—Please sign-up through Arbor.

Cooking Club—Please sign up through Arbor (a donation of £4 is required to cover the cost of ingredients)

Piano lessons on Monday mornings—starting w/c 15th September. See below on how to sign-

Piano Lessons



Hertfordshire Music Service are delighted to announce that we are now offering piano lessons at Jenyn's First School. Lessons are taught by one of our experienced teachers and are open to children in Year 1 and above.



Lesson costs are paid termly in advance and are as follows (weekly rate):

- Individual 20 minute lesson: £16.64
- Individual 30 minute lesson: £24.96

For more information please visit our [Music Lessons](#) page.



Scan me for more



01992 556698



www.hertsmusicservice.org.uk



**Hertfordshire
Music Service**

Supported using public funding by



**ARTS COUNCIL
ENGLAND**



PERFORMANCE CLUBS

[AT] JENYNS FIRST SCHOOL



DANCE CLUB!

EXPLORING STYLES SUCH AS STREET DANCE,
POM DANCE AND LYRICAL.

ITS SHOWCASE TERM!!!

*Your teacher this
term is
Morgan*

DAY & TIME	STYLE	COST
Thursdays 3:20-4:20	Dance Club, ages 4-9	13 weeks £71.50 (£5.50 per session)

TERM DATES: WC 8/9/25- 8/12/25 (EXCLUDING HALF TERM)

EMAIL QUESTIONS TO INFO@CASPASCHOOLS.CO.UK

BOOK VIA [HTTPS://CASPA-SCHOOLS.CADEMY.CO.UK/](https://CASPA-SCHOOLS.CADEMY.CO.UK/)

FOLLOW CASPA SCHOOLS ON SOCIAL MEDIA TO KEEP UP WITH NEWS
AND EVENTS!





Join Our Stay and Play!

Fun and engaging activities for babies, toddlers and pre-schoolers

Every Wednesday (during term time)

JENYNS FIRST SCHOOL AND NURSERY

9:00am - 10:00am

What you can expect:

- A range of fun and stimulating play activities
- singing and music play
- Healthy snacks
- A chance for you to socialise in a relaxed environment

Only £2 per child

Jenyngs First School and Nursery
Uplands, Braughing,
SG11 2QJ. Tel: 01920 821461

**Come Play,
Learn, and Grow
Together!**

