

# Jenyns First School and Nursery

## PE Curriculum Overview



		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Ash: Nursery and Reception	Year A	Introduction to PE	Fundamentals	Dance	Gymnastics	Ball Skills	Games
	Year B	Introduction to PE	Fundamentals	Dance	Gymnastics	Ball Skills	Games
Birch: Year 1 and 2	Year A	Fundamentals	Dance	Gymnastics	Invasion	Net and wall games	Athletics
		<b>OAA</b> Teambuilding	Fitness	Yoga	Ball Skills	Sending and receiving	Striking and fielding
	Year B	Fundamentals	Dance	Gymnastics	Invasion	Net and wall games	Athletics
		<b>OAA</b> Teambuilding	Fitness	Yoga	Ball Skills	Sending and receiving	Striking and fielding
Chestnut: Year 3 and 4	Year A	<b>Outdoor and Adventure Activities</b> OAA	<b>Dance</b> Dance	<b>Gymnastics</b> Gymnastics	<b>Invasion Games</b> Hockey	<b>Invasion Games</b> Basketball	<b>Athletics</b> Athletics
		Fundamentals	<b>Invasion Games</b> Handball	<b>Dance</b> Yoga	<b>Invasion Games</b> Tag Rugby	<b>Striking and Fielding</b> Rounders	<b>Net and Wall</b> Tennis
	Year B	<b>Outdoor and Adventure Activities</b> OAA	<b>Dance</b> Dance	<b>Gymnastics</b> Gymnastics	<b>Striking and Fielding</b> Cricket	<b>Invasion Games</b> Football	<b>Athletics</b> Athletics
		Fitness	<b>Target Games</b> Dodgeball	Yoga	<b>Invasion Games</b> Netball	Ball Skills	<b>Net and Wall</b> Tennis

